

The Athletic Edge

2019

Volume 1, Issue 8



Special Thank you!

The Athletic Edge hosted our open house on Friday, December 28th and it was a huge success. We had many alumni and their families come back to visit us and we also had many current members visit with family and friends, as well, as people from the community. We want to thank a few special people that worked hard to help us pull off the special event.

Ronnell Staudinger and Kaitlyn Juran ran our bar and kitchen area, serving up some great drinks and food. Karin and Josh Hemenway helped out at the front desk and out on the floor supervising, as

well as Angelina Cox! Ashlee Dunsworth was available to show off our new preschool



and Kelsey Kottek and Bekah Gher were there to supervise our optionals as they warmed up and showed off their skills during their exhibition routines.

Thank you to Kaylie San, Madisen Hancock, Nicole Cox, Maddie Silbernagel, Bella Blea, Kaitlyn Vaz, and Morgan Hiebert who were our optional gymnasts that gave us an exciting sneak peak of the great routines that we will see this season!

We also want to thank Theresa Lindquist, D.M.D., and Pearly Whites Family Dentistry for supplying us with an awesome photo booth for use throughout the event.

We are excited to take the momentum from this great night into the new year and all of the exciting adventures that await us!

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Reach for the Goal

Our first hosted meet is coming up this weekend, January 4-6th! There is still time to buy VIP seats for the meet that will offer admission, a meal and 2 drinks per person. If you have not signed up for your volunteer jobs yet there is still time. The sign ups will be locked on Wednesday,

January 2nd. Reminder that we will be closed for evening classes starting at 6:00 so we can start setting up for the meet. The first session starts on Saturday morning at 8:00. We will have the FirePit Kitchen food truck for the weekend serving up some amazing food as well. If you

have any questions about the meet and what to expect, please let us know!



The Athletic Edge 2018 Year in Review

In 2018, we had many exciting things happen at AE. Our competitive teams had a great spring season with too many medals and championship titles won to list them all! We have welcomed 215 new families this year and developed many new and exciting programs. We are getting ready to open the doors to the new Athletic Edge Learning Center in our Preschool building, offering programs for 3 and 4 year olds. We are starting a Special Needs Activity Program and will be offered specialty camps throughout the holiday break.

We said goodbye to some amazing gymnasts and are excited to be able to watch Alexa McClung compete at Oregon State University as part their team for 2019! We have some exciting new things that we will also be expanding in the spring of 2019 so stay tuned!



A new year is like a blank book. The pen is in your hands. It is your chance to write a beautiful story for yourself.

January Competitions

Boys:

January 5-6 Washington Open
Seattle, WA
January 19-20 VEGA Challenge
Vancouver, WA

Compulsory:

January 5-6 Reach for the Goal
Salem, OR @ AE
January 11-13 OSGA Classic
Corvallis, OR

Xcel:

January 5-6 Reach for the Goal
Salem, OR @ AE
January 11-13 OSGA Classic
Corvallis, OR
January 19-20 VEGA Challenge
Vancouver, WA

Optionals:

January 5-6 Reach for the Goal
Salem, OR @ AE
January 18-20 Battle in Bellevue
Bellevue, WA
January 26-27 Manhattan Classic
NYC, NY

Pacific Edge Invitational

The Athletic Edge is hosting the 21st Annual Pacific Edge Invitational February 1st - 3rd of 2019. We hold the competition in the Newport Recreation Center in Newport, OR. Newport hotels and restaurants are always excited for this weekend when we bring in

gymnasts from many states and as always we promise an exciting family weekend getaway. We host a Saturday Night Bonfire for all gymnasts and their families and coaches with hot chocolate and marshmallows to roast! If you haven't booked your hotel rooms yet now is

the time!

The sign-ups for our parents to sign up for either set-up (Thursday, January 31st) or teardown, plus their 2 sessions will be emailed out on Thursday, January 10th.

See you there!!

January Birthdays

Molly Allen	Audrey Boyd	Corban Durant	Kimberly Martinez
Brooke Anderson	Rylee Braff	LillyAnne Flanigan	Quinn Matti
Kaztin Andrew	Sofia Brunets	Roxanna Frias	Ayva May
Major Atwood	Kallie Carlson	Diana Gonzales	Madeleine Mclain
Brielle Baca	Madelyn Chapa	Allison Grant	Sophia Mclain
Wesley Barnes	Eleni Colon	Lincoln Hollis	Kinley Melton
Wren Barth	Hannah Cuff	Jayna Jennings	Alexa Millan
Stella Barwig	Avery Dankenbring	Sienna Josifek	Laurent Morales
Mya Bennett	Monica Davalos	Alden Krumenauer	Chayse Mothersbaugh
Brooklynn Birkholz	Viviana Davalos	Peyton Kutzer	Tatum Munoz
Bella Blea	Finley Davis	Dmitri Lansky	Johanna Nasset
Mia Bledsoe	Avery Dodd	Yaya Marshburn	Nora Nelson
Harlie Bowen	Addison Doherty	Kevin Martinez	Paizley Norman

HAPPY BIRTHDAY

Adeline Patton	Elizabeth Spera	Hendrick Wilson
Fabiola Perez	Alyssa Stephens	Adelaide Woodrow
Walter Perkins	Jacob Stewart	Isaac Wyant
Eli Plukchi	Ava Stone	Emery Yant
Jewels Quintanilla	Taylor Stuckart	Rowan Yant
Noah Ramsey	Dehlia Swanger	Sofia Zaichenko
Avery Sieng	Hailey Thorp	
Nora Singer	Brielle Van Noy	
	Sarah Voss	

Although no one can go back and make a brand new start, anyone can start from now and make a brand new ending.

-Carl Bard

Student Athletes New Year Goal's

Happy New Year! Everyone jokes, the sooner you make your New Year's resolutions, the sooner you can break them! But as student athletes, setting goals and working toward them can be overwhelming but if you break it down into one skill, one area where we can improve every day, you can improve yourself as athletes and students.

What is a new skill you want to

pick up? How can you go about doing it? How can you focus on that skill until you have it down? How are you going to improve your self by one percent, every day? Student athletes are more than just students, and more than just athletes. We're leaders: leaders in the gym, in the classroom and in the community. But for everyone, there is always room to improve. How can you develop your sportsmanship, every

practice and every meet? How can your extracurricular activities show that you care about giving back to your local community?

So as you set out to make your New Year's resolutions and goals, make them reasonable, manageable, measurable and attached to clear expectations and deadlines. Good Luck!

*www.ncsasports.org

2019

January Newsletter

1379 Madison St. NE.
Salem, OR 97301

Phone: 503-361-2344

E-mail:
theathleticedge@comcast.net

**God Gives You the
Talent... You Give the
Effort**

WWW.ATHLETICEDGE.ORG

Special Needs Activity Program

The Athletic Edge would like to welcome kids of all ages and all disabilities to join us for some extra activity time. We will be focusing on exercises that enhance cognitive and functional skill development. We will have different activities each class to challenge students of all capabilities to thrive and gain skills. Not only will we be working on motor skills, but we will also be working on a variety of other vital skills such as adaptive behavioral skills, developmental skills, functional life skills, occupational development, self determination, and social development. We can't wait to touch the lives of your child, as they will surely change ours. Please spread the word if you know families that would be the perfect fit for this program! For more information about these new programs, please stop in and talk with us or contact us!



The Lead Crew

PRESIDENT

Walter C. Wagner

KITCHEN DIRECTOR

Jacque Wagner

TEAM DIRECTOR

Kelsey Kottek

GYMNASTICS PRESCHOOL DIRECTOR

Wendy Garrett

REC DIRECTOR

Shannon Rohling

BUSINESS DEVELOPMENT DIRECTOR

Hope Hiebert

DIRECTOR OF PROGRAM DEVELOPMENT

Bekah Gher

PRESCHOOL DIRECTOR

Ashlee Dunsworth

BOOKKEEPER

Carrie Duran

SAFETY COORDINATOR

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RECEPTION

Jennifer Stan